

NatureRx at UMB

Get outside for your daily dose of nature!



Learn more at: umaryland.edu/sustainability



**Spend time outside
to reduce stress and
anxiety, increase
energy, and boost
your mood!**



UNIVERSITY of MARYLAND
BALTIMORE

OFFICE OF SUSTAINABILITY

Flip this postcard over for
a map of parks and green
spaces on UMB's campus!



HSRFIII Courtyard

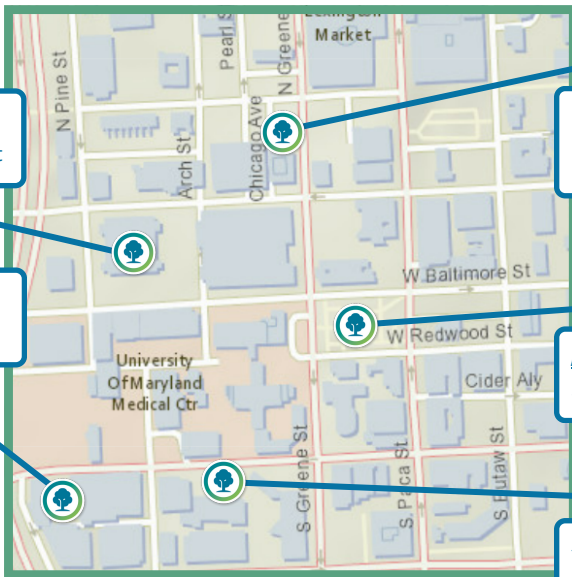
670 W. Baltimore St

IHV Courtyard

725 W. Lombard St



Scan this QR code for a detailed,
interactive map of green spaces in
and around Baltimore City!



**Greene Street
Pocket Park**

110 N. Greene St

Plaza Park

500 W Redwood St

**School of Nursing
Courtyard**

621 W. Lombard St